

Sample code of conduct

for children and young people aged 12-15 years

Created by the CPSU for use by sports organisations. Please feel free to use this example as a basis for your own codes of conduct.

PLAY BY THE RULES

- 1** Be yourself and accepting of others – we're all different, lets celebrate this!
- 2** Be respectful to others and take care of our equipment and space
- 3** Try your best, and encourage others also
- 4** Listen to your coach or trainer
- 5** Speak out if you feel worried or concerned
- 6** Bring the correct kit, food and drinks to your practices – ask a parent to help you with this
- 7** Remind an adult of your practices, sessions or competitions, so you're on time
- 8** Please do not wander off or leave without telling a member of staff
- 9** Do not vape, smoke or consume alcohol during practices, competitions or at our space
- 10** Enjoy your sport or activity

Feel worried or have a concern? Reach out to someone you trust – like a parent or family member, coach, the club welfare officer or other adult – or contact Childline.

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111