

# Sample code of conduct

for children and young people aged 15+ years

Created by the CPSU for use by sports organisations. Please feel free to use this example as a basis for your own codes of conduct.

## PLAY BY THE RULES

1. Be yourself and accepting of others – we're all different, let's celebrate this.
2. Be respectful to our equipment space and others.
3. Appreciate that everyone has different levels of ability and skill.
4. Try your best, also encourage and support your teammates.
5. Listen to your coach or trainer.
6. Speak out if you feel worried or concerned (including any bullying you may have heard or seen).
7. Bring the correct kit, food and drinks to your practices.
8. Make it to practices and sessions on time – remind an adult of your practices and competitions, so you're on time.
9. Please do not wander off or leave without telling a member of staff.
10. Do not vape, smoke or consume alcohol during practices, competitions or whist at our space.
11. Respect everyone participating (staff, volunteers, officials and player from all teams).
12. Celebrate successes and be gracious when we lose.
13. Follow our club or activities rules and the rules of the game, sport or activity.
14. Follow our online safety and social media policies and procedures.
15. Have fun and enjoy your time with us.

### Feel worried or have a concern?

Reach out to someone you trust – like a parent or family member, coach, the club welfare officer or other adult – or contact Childline.

**childline**

ONLINE, ON THE PHONE, ANYTIME  
childline.org.uk | 0800 1111

# Code of conduct

for children and young people aged 15+ years

A sample template for use by sports organisations, created by the CPSU.

Please adapt this template using your own fonts, colours, and illustrations. You may also want to change the title to something more reflective of your sport (eg Rules of the game).

## CODE OF CONDUCT

1. Be yourself and accepting of others. We're all different, lets celebrate this. Please do not to discriminate against anyone!
2. Be respectful to our equipment and space and, others. Appreciate that everyone has different levels of ability and skill.
3. Try your best, also encourage and support your teammates.
4. Listen to your coach or trainer.
5. Speak out if you feel worried or concerned (including any bullying you may of heard or seen) – reach out to your coach, staff or a parent for support.
6. Bring the correct kit, food and drinks to your practices.
7. Make it to practices or sessions on time – remind an adult of your practices, sessions or competitions, so you're on time.
8. Please do not wander off or leave without telling a member of staff.
9. Do not vape, smoke or consume alcohol during practices, competitions or whist at our space.
10. Respect everyone participating (staff, volunteers, officials and player from all teams).
11. Celebrate successes and be gracious when we lose.
12. Follow our club or activities rules and the rules of the game, sport or activity.
13. Follow our online safety and social media policies and procedures.
14. Have fun and enjoy your time with us.

### Feel worried or have a concern?

Reach out someone you trust, like a parent or family member, coach, adult at the club, or the club welfare officer: [NAME OF CWO]