

# Sample code of conduct

for children and young people aged 8-12 years

Created by the CPSU for use by sports organisations. Please feel free to use this example as a basis for your own codes of conduct.

## PLAY BY THE RULES

- 1** Be yourself and welcome others
- 2** Be respectful to others and take care of equipment and the space
- 3** Try your best and have fun
- 4** Listen to your coach or trainer
- 5** Remind a parent or carer to bring the right kit, food and drinks with you
- 6** Please do not wander off or leave without telling a member of staff
- 7** Speak out if you feel worried – reach out to someone you trust or contact Childline.

**This could be a parent or family member, coach, the club welfare officer or other adult.**

**childline**

ONLINE, ON THE PHONE, ANYTIME  
childline.org.uk | 0800 1111